

The SimpleEasyGolf 1-2-1 Video Report

Members own comments:-

**Still hitting left to right a bit
Seem to be losing power somewhere along the line**

What the pro sees:-

You have a habit of cutting the ball from left to right. This comes from 2 main problems

1. A weak grip that opens up the club face at impact
2. Not transferring your weight and rotating early enough so you come across the ball which creates a cut spin.

Our First Plan of Attack

The first thing that you need to do is to sort your weak grip as this will control the clubface and will reduce some of the spin on the ball.

The left hand is very important on this subject as the right hand only fits on top of the left thumb, so making sure that the left hand is in a position where when you look down you can see between 2 and 3 knuckles of your left hand will definitely help.

This is easier if the grip is placed in the fingers, which is important for someone who has small fingers.

Then when you place the right hand on the club, if the 'V' in the middle of the pads at the base of the hand is placed on top of the left thumb, then it should point just inside the right shoulder.

Remember that if you cut or slice the ball, it is better to have a slightly strong grip rather than a weak grip. This will allow you to rotate your hands and the club face better through impact, which will help in putting a draw spin on the ball.

Now to the second main problem

Transferring your weight in the golf swing is very important, but you must also make sure that you also rotate your torso as you transfer.

An easy way to see how this works is to pretend you are throwing a javelin, and this will give you the feeling of transferring your weight towards the target and at the same time rotating your body to face your target.

You have a problem that on your backswing you tend to rock onto the outside of your right foot as you swing back, which then makes it difficult for you to transfer the weight through the ball onto his left foot.

This then leads you to stay on your right foot through impact. You then come over the top so the ball starts out a little to the left and then cuts to the right with the spin on the ball.

A very important fact is that this not only wastes power with the spin on the ball, but wastes at least 30% power with the bottom half of the swing not working correctly.

So we have to work on getting you to feel you are keeping the weight on your instep when swinging back. This will give you a better base to then use his right side to rotate through the ball.

If you work on not rolling onto the outside of your right foot, we can then get you to transfer and rotate better through the shot, giving you a better swing path and more important more power.

Let me know if you need any more help ... remember, you can get **unlimited** help – so why not use it?

Brian